UWMC Perinatal Unit Visitor Restriction Policy

I. General Mother Baby Unit Visitor Restrictions During COVID-19 Pandemic
   a. Visitors will need to be 16 years of age or older.
   b. Each mother/baby unit may have 1 consistent visitor:
      a. One significant other (partner or other identified support person). This person remains
         the same throughout the period of restricted visitation. Generally, this would be the
         2nd banded person.

II. For COVID+ or PUI mothers who are well enough to care for their infant (not in ICU) : We (OB/Peds)
    recommend infant room in with mother. This recommendation is aligned with WHO and AAP
    guidance. We will follow all Policies for Mother/Infant Co-Location as stated in IV below.

III. For a COVID+/PUI mother who is rooming in with an infant, we recommend the following
guidelines are carefully followed to decrease risk of COVID-19 transmission to infant:
    1. Infant should be kept 6 feet away from mom in an incubator unless she is breastfeeding (see
       lactation guidelines).
    2. Infants of mothers who are COVID-19 positive or PUI, will be treated as PUI themselves.
    3. Infants will be screened for COVID-19 at 24 and 48 hours of age, then every 48-72 hours
       thereafter, until there are 2 consecutive negative tests 24 hours apart.
    4. If mom is discharged and infant is still an inpatient, she will stay in the same room and room in
       with infant as per normal mother baby unit policy.

IV. If mother is asymptomatic and declines testing for COVID-19 we will not isolate mother or baby
    and use “General Mother-Baby Unit Visitor Restrictions During COVID-19 Pandemic”.
UWMC NICU Visitor Restriction Policy

1. **General NICU Visitor Restrictions During COVID-19 Pandemic**
   a. Visitors will need to be 16 years of age or older
   b. Each baby may have 2 consistent visitors:
      i. Birthing Parent (mother)
      ii. One significant other (partner or other identified support person). This person remains the same throughout the period of restricted visitation. Generally, this would be the 2nd banded person.

2. **If a mother or second identified support person is COVID-19 positive (including asymptomatic mothers with a positive COVID-19 test) or PUI, they will be not be able to visit the NICU until they are non-infectious per CDC and AAP recommendations:**
   a. Afebrile for 24 hours without use of antipyretics and
   b. At least 10 days have passed since symptoms first appeared (or, in the case of asymptomatic women identified only by obstetric screening tests, at least 10 days have passed since the positive test), and
   c. Symptoms have improved
   d. Consult UWMC Infection Control to confirm mother or the second identified support person is non-infectious
   e. See section 4. below regarding special consideration for visitation for discharge teaching

3. **Infants of mothers who are COVID-19 positive, PUI, or were not tested, will be treated as PUI themselves. Also, infants transported from another hospital, or who are readmitted from outside UWMC will be treated as PUI.**
   a. Infant of a mother who was not tested for COVID-19, or an outborn or readmitted infant, will be tested on admission for COVID-19. Once test is negative the infant will no longer be treated as PUI and general NICU visitation will resume. If testing of the infant is declined, the infant will be treated as PUI for 14 days to allow incubation. If asymptomatic for COVID-19 after 14 days, the infant will no longer be treated in PUI.
   b. Infants will be tested for COVID-19 at 24 and 48 hours of age, then every 48-72 hours thereafter until there are 2 consecutive negative tests 24 hours apart. Once there have been 2 negative tests, droplet and contact isolation precautions may be discontinued.

4. **Special considerations for discharge teaching**
   a. While the infant is in isolation for COVID-19 or as a PUI, visitation with the infant will be restricted to visits needed for discharge training. While receiving discharge teaching, the visitor will remain in the infant’s room, wear appropriate PPE, and follow isolation precautions for the duration of their visit as instructed by staff.
   b. The visitor who is receiving discharge training should be a healthy family member or support person
c. If mother is COVID-19 positive the support person receiving discharge teaching will have either:
   i. No contact with the mother in last 14 days or
   ii. If they have had contact with the mother in the last 14 days, they will have been tested negative for SARS-CoV-2 within 1 day of visitation for discharge training and only visit for several hours on day of discharge for training. This visit will need to be coordinated so the support person will be met outside the hospital by a NICU staff person and escorted onto the NICU in appropriate mask through back entrance to NICU. While receiving discharge teaching, the visitor will remain in the infant’s room, wear appropriate PPE, and follow isolation precautions for the duration of their visit as instructed by staff.
   iii. In cases where a support person cannot be identified who has had no contact with mother for 14 days, or cannot be tested negative for SARS-CoV-2 within a day of visitation for discharge training, the alternative of remote training in newborn care will be considered. UWMC Infection Control will also be consulted in these cases.