OUTPATIENT / TRIAGE
**UW Medicine**

Influenza Like Illness (ILI) & COVID-19 Screening Guidelines for PREGNANT patients

**Incoming Phone Calls**

- **Keep routine/ scheduled appointment; offer TeleOB**
- **Review King County Public Health Recommendations**

**Influenza Like Illness (ILI) and/or COVID19 Screen:**

ANY of the following?
- Fever
- New cough
- New shortness of breath

**Symptoms Screen Negative**

- Keep routine/ scheduled appointment; offer TeleOB

**Screen for Active Pregnancy Symptoms/Concerns**

NEGATIVE for pregnancy concern

**Influenza Like Illness (ILI) and/or COVID19 Screen:**

**Symptom Screen Positive**

1. Assess Symptoms &
2. Maternal co-Morbidities

**MILD Symptoms & NO Maternal Co-Morbidities**
- Consider starting empiric Oseltamivir/Tamiflu
- Evaluate Pregnancy Concern (if present) in **Outpatient Setting**
- Provide Patient Education for Home Isolation Guidance
- Coordinate DRIVE THROUGH COVID/Influenza/RSV testing
- Add to OB Covid Triage Log

**MILD Symptoms & YES Maternal Co-Morbidities**
- Seek outpatient evaluation for pregnancy concern (if present) & **Influenza & COVID-19 Testing**
  - Ambulatory location for testing: NW Hospital Testing Site via Epic Order –or– COVID-19 RN line 206-520-8780
  - Add to OB Covid Triage Log

**Influenza Like Illness (ILI) and/or COVID19 Screen:**

**Symptom Screen Negative**

Outpatient evaluation per site OB triage guidelines / clinical considerations

**SEVERE SYMPTOMS regardless of co-morbidities**

**Instruct patient to seek evaluation**

**Location:** L&D vs Emergency Department

Location of evaluation to be determined by clinical considerations and site OB triage guidelines

**Anticipatory Screen for ILI/COVID19**

Seek outpatient evaluation for pregnancy concern (if present) & **Influenza & COVID-19 Testing**

Ambulatory location for testing: NW Hospital Testing Site via Epic Order –or– COVID-19 RN line 206-520-8780

Add to OB Covid Triage Log
Maternal Co-Morbidities

- Immuno-compromised/suppressed
  - Transplant
  - Inflammatory Bowel Disease or Rheumatologic Disease
  - Active treatment with biologics
  - Prednisone >20mg/d

- Class III Obesity
- Insulin Dependent or Poorly Controlled Diabetes
- Maternal Cardiac Disease
- Hypertension disease in pregnancy requiring medical therapy
- Renal insufficiency
- Moderate/Severe Respiratory Disease: i.e. Asthma requiring treatment, CF
- Neurologic Disease (Parkinson’s, ALS, spinal cord injury, seizure, CVA)
- Active cancer

This is not an exhaustive list. Use clinical judgment and err on the side of evaluation if uncertain.

Update 3/19/20
Influenza Like Illness (ILI) and/or COVID-19 Screen:
- Fever
- New cough
- New shortness of breath

Positive Screen and Pregnant (Any gestational age)

Assess
- Illness Severity
- Maternal Co-Morbidities

Mod/Severe Symptoms

Regardless of Co-Morbidities
- Initiate OB Sepsis Protocol
- Alert Infection Prevention
- Concordant Influenza/RSV & COVID-19 Virus Testing
  - Consider empiric Oseltamivir/Tamiflu
  - Maternal-Fetal Medicine Consult
  - Inpatient Care

Negative Influenza
- Discharge to home (if meeting d/c goals) with strict precautions
- Provide Patient Education for Home Isolation Guidance
- Add to OB COVID Triage Log

Positive Influenza
- Start Oseltamivir/Tamiflu
- Discharge to home (if meeting d/c goals) with strict precautions
- Provide Patient Education for Home Isolation Guidance
- Add to OB COVID Triage Log

COVID-19 Virus/Influenza/RSV Testing

Mild Symptoms
- Yes Maternal Co-Morbidities
- Start Oseltamivir/Tamiflu if influenza positive
- Discharge to home (if meeting d/c goals) with strict precautions
- Provide Patient Education for Home Isolation Guidance

Mild Symptoms
- No Maternal Co-Morbidities
- Discharge to home (if meeting d/c goals) with strict precautions
- Provide Patient Education for Home Isolation Guidance

Add to OB COVID Triage Log

All pregnant patients discharged home will receive a follow-up phone call from RN within 24 hours to review results and assess patient symptoms.

If Positive COVID-19 and remains an appropriate candidate for home management, pt will receive DAILY call from RN for 10 days

Throughout Visit/Evaluation
- Precautions: Droplet and Contact+
UNIVERSAL SCREENING
Outpatient COVID-19 SCREENING prior to Planned Admission for Anticipated Procedure
Population: Asymptomatic Pregnant Patients at UWMC-Montlake

Update 4/1/20

Scheduled Admission for Planned Admission
(i.e Cesarean Delivery, Induction of Labor, ECV)

**PROVIDER**
Order Routine COVID-19 Virus Testing

**RN/MA**
Inform Patient to schedule appt for testing at UW Medicine Northwest Hospital Drive-Through Testing Site.
Call 206-520-8770 to schedule

**TIMING**
Testing window: 24-48 hrs prior to planned admission
Test result is valid for 72 hrs
Repeat testing is required after 72 hrs

**PATIENT**
Call 206-520-8770 to schedule testing appointment at Northwest 24-48 hours prior to planned admission
Identify infant care giver in case of positive result
COVID-19 SCREENING upon Admission for Anticipated Procedure  
Population: *Pregnant Patients at UWMC-Montlake*

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**Update 4/1/20**

- **Is Patient Symptomatic / PUI?**
  - Yes
    - Manage as COVID PUI
      - Consult with COVID MD
    - Outpatient COVID Testing performed within 72 hrs?
      - Yes
        - Result: Positive
          - Manage as COVID POSITIVE
        - Result: Negative
          - Repeat Influenza/RSV & COVID testing on admission & maintain PPE pending results
            - Positive
              - Manage as COVID POSITIVE
            - Negative
              - Standard Droplet/Contact
      - No
        - Influenza/RSV & COVID testing on admission & maintain PPE pending results
          - Positive
            - Manage as COVID POSITIVE
          - Negative
            - Standard Precautions
  - No
    - Outpatient COVID Testing performed within 72 hrs?
      - Yes
        - Positive
          - Manage as COVID POSITIVE
        - Negative
          - Standard Precautions
      - No
        - Manage as CSP-A pending results
          - Order COVID test
Update 4/1/20

UWMC-Montlake  Management of CSP-A Pregnant Patients with Planned Procedure -

COVID SCREEN PENDING, ASYMPTOMATIC (CSP-A)

Vaginal Delivery

Precautions

Antepartum: Standard UW L&D Precautions

Intrapartum Procedures & Delivery: Enhanced Droplet & Contact

Cesarean Delivery / Surgical Procedure

Anesthesia

N95/PAPR

Entire Surgical Team

N95/PAPR

Patient

Clean mask, hat, gown

Partner

Permitted in OR: Yes (unless transition to General Anesthesia)

POSTPARTUM/POSTOPERATIVE:
Pt to remain in LDR / PACU pending COVID testing results for dispo planning

Partner and well neonate may remain in room with postpartum patient
Maternal COVID SCREEN PENDING, ASYMPTOMATIC (CSP-A)
Management of INTRAPARTUM results

Covid Screen Positive
- Reassess and Monitor for Symptoms
- Vaginal Delivery
  - Enhanced Droplet & Contact
- Cesarean Delivery
  - Airborne + Enhanced
- Visitation & Infant
  - Discuss with COVID MD on call

Covid Screen Negative
- Routine Intrapartum Care
  - Standard UW L&D Precautions
- Counsel regarding preventative measures at discharge

UWMC-Montlake Intrapartum Management of CSP-A Pregnant Patients with Planned Procedure

Update 4/1/20